



SYDNEY POLE
Summerfest
 Kings Park 21

Fitness & Flexibility
Open Level Chorey/Dance
Specialty Tricks/Curriculum
Beginner/Free Trial

Monday 20th December

ROOM	DOWNSTAIRS	UPSTAIRS
6:00PM	SHAPES & TRICKS T1+ ROSIE	VEGAS SHOWGIRLS MATILDA
7:00PM	POLE 101 TECHNIQUE & CONDITIONING ROSIE	BURLESQUE MATILDA
8:00PM	ABS AND ASS OF STEEL ROSIE	BENDY BABES MATILDA

Tuesday 21st December

ROOM	DOWNSTAIRS	UPSTAIRS
6:00PM	SIGNATURE TRICKS & COMBOS T5+ ANDRE	STRETCH/DANCE PRAC
7:00PM	XXX DANCE INTERMEDIATE ANDRE	STRETCH/DANCE PRAC
8:00PM	STRETCH IT OUT ANDRE	STRETCH/DANCE PRAC

Wednesday 22nd December

ROOM	DOWNSTAIRS	UPSTAIRS
5:00PM	POLE PRAC	STRETCH/DANCE PRAC
6:00PM	FREE POLE TRIAL AURORA	STRETCH/DANCE PRAC
7:00PM	CONTEMPORARY POLE AURORA	STRETCH/DANCE PRAC
8:00PM	ROCK & POLE AURORA	STRETCH/DANCE PRAC





SYDNEY POLE
Summerfest
Kings Park ²¹

Fitness & Flexibility
Open Level Chorey/Dance
Specialty Tricks/Curriculum
Beginner/Free Trial

Wednesday 29th December

ROOM	DOWNSTAIRS	UPSTAIRS
5:00PM	POLE PRAC	STRETCH/DANCE PRAC
6:00PM	STATIC POLE SKYLA J	STRETCH/DANCE PRAC
7:00PM	EDGEWORK SKYLA J	STRETCH/DANCE PRAC
8:00PM	OLD SCHOOL FLOW SKYLA J	STRETCH/DANCE PRAC

Thursday 30th December

ROOM	DOWNSTAIRS	UPSTAIRS
6:00PM	ALL ABOUT LEG HANGS T2+ EDEN	STRETCH/DANCE PRAC
7:00PM	STRIP & LAP DANCE EDEN	STRETCH/DANCE PRAC
8:00PM	SHAPES & TRICKS T1+ EDEN	STRETCH/DANCE PRAC

