



SYDNEY POLE
Summerfest
 Brisbane City ²¹

Fitness & Flexibility
Open Level Chorey/Dance
Specialty Tricks/Curriculum
Beginner/Free Trial

Monday 20th December

5:00PM	POLE PRAC	TRICKS & COMBOS T1+ CHAR
6:00PM	POLE PRAC	XMAS POLE'OGRAPHY CHAR
7:00PM	POLE PRAC	LET'S GET BENDY CHAR

Tuesday 21st December

5:00PM	XMAS POLE'TERNATIVE TIARNA	SIGNATURE TRICKS T5+ MATT
6:00PM	POLE PRAC	DIRTY CHRISTMAS MATT
7:00PM	FREE POLE TRIAL TIARNA	BENDY BACK & SHOULDERS MATT

Wednesday 22nd December

5:00PM	FREE POLE TRIAL CHAR	POLE PRAC
6:00PM	XMAS BOOT CAMP CHAR	POLE PRAC
7:00PM	TRICKS & COMBOS T3+ CHAR	POLE PRAC

Tuesday 28th December

5:00PM	SIGNATURE TRICKS T5+ MATT	POLE PRAC
6:00PM	F**K THE FLOOR MATT	POLE PRAC
7:00PM	ALL THINGS WAVY! MATT	FREE POLE TRIAL CHAR



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Wednesday 29th December

5:00PM	TRICKS & COMBOS T4+ RACHEL	STREET HEELS & SASS! MAZ
6:00PM	POLE'OGRAPHY RACHEL	FREE POLE TRIAL MAZ
7:00PM	HANDSTANDS & BALANCING RACHEL	POLE PRAC

Sunday 2nd January

9:00AM	TRICKS & COMBOS T1+ CHAR	POLE PRAC
10:00AM	TRICKS & COMBOS T3+ CHAR	POLE PRAC
11:00AM	POLE'OGRAPHY CHAR	POLE PRAC
12:00PM	FREE POLE TRIAL CHAR	POLE PRAC

Thursday 30th December

9:00AM	BEGINNER SPIN MAZ	POLE PRAC
10:00AM	FREE POLE TRIAL MAZ	POLE PRAC
5:00PM	BATS, HANGBACKS & LEGHANGS T1/2 TIARNA	POLE PRAC
6:00PM	LET'S GET BENDY! TIARNA	POLE PRAC
7:00PM	FREE POLE TRIAL TIARNA	POLE PRAC

